Synergy Sports Care		William Porath, D.C.					
Patient Name:		Date:					
Address	8	City		State	Zip Code		
H. PhoneW. Phone		W. Phone	Cell Phone				
Email A	Address:						
Sex N	A F Marital Status	MSDW	Date of Birth_		Age		
Occupa	tion						
Employ	/er						
Emerge	ency Contact and Phone	Number:					
Referre	d by:						
Have ye	ou ever received Chiropi	actic Care?	Yes No	If yes, when	?		
Name o	of most recent Chiropract	or:					
1. Pas	t Health History:						
А.	Surgeries:						
	Date			Туре с	of Surgery		
В.	Previous Injury or Tra	uma:					
	Have you ever broken any bones? Which?						
C.	Allergies:						
2. Fan	nily Health History:						
Do you have a family history of? (Please indicate all that apply) Cancer  Strokes/TIA's  Headaches  Heart disease  Neurological diseases Adopted/Unknown  Cardiac disease below age 40  Psychiatric disease Diabetes  Other  None of the above							

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Synergy Sports Care		v Sports Care	William Porath, D.C.
Pa	atien	nt Name:	Date:
		A. Deaths in immediate family:	
		Cause of parents' or siblings' death	Age at death
3.	So	cial and Occupational History:	
	A.	Job description:	
	B.	Work schedule:	
	C.	Recreational activities:	
	D.	Lifestyle:	
		Hobbies:	
		Level of Exercise:	
		Alcohol Use:	
		Tobacco Use:	
		Drug Use:	
		Diet:	
4.	M	edications:	
		Medication	Reason for taking

Synergy Sports Care	William Porath, D.C.
Patient Name:	Date:
Review of Systems	
Have you had any of the following <b>pulmonary (lung-related)</b>	
Have you had any of the following <b>cardiovascular</b> (heart-rela □ Heart surgeries □ Congestive heart failure □ Murmurs or Hypertension □ Pacemaker □ Angina/chest pain □ Irregul □ None of the above	valvular disease 🗆 Heart attacks/MIs 🗆 Heart disease/problems 🗆
Have you had any of the following <b>neurological</b> ( <b>nerve-relate</b> □ Visual changes/loss of vision □ One-sided weakness of fac the face or body □ Headaches □ Memory loss □ Tremors □ Strokes/TIAs □ Other □ None of the a	e or body □ History of seizures □ One-sided decreased feeling in □ Vertigo □ Loss of sense of smell
Have you had any of the following <b>endocrine (glandular/horr</b> <ul> <li>Thyroid disease</li> <li>Hormone replacement therapy</li> <li>Inject</li> </ul> <li>Other  <ul> <li>None of the above</li> </ul> </li>	
Have you had any of the following <b>renal (kidney-related)</b> issu □ Renal calculi/stones □ Hematuria (blood in the urine) □ I □ Difficulty urinating □ Kidney disease □ Dialysis □ Other	ncontinence (can't control)
Have you had any of the following <b>gastroenterological (stoma</b> <ul> <li>Nausea</li> <li>Difficulty swallowing</li> <li>Ulcerative disease</li> <li>Pancreatic disease</li> <li>Irritable bowel/colitis</li> <li>Hepatitis or</li> <li>Vomiting blood</li> <li>Bowel incontinence</li> <li>Gastroesophage</li> </ul>	Frequent abdominal pain   Hiatal hernia   Constipation
Have you had any of the following <b>hematological (blood-relat</b> Anemia Regular anti-inflammatory use (Motrin/Ibuprofe Abnormal bleeding/bruising Sickle-cell anemia Enlat Hypercoagulation or deep venous thrombosis/history of bloo Other □ None of the above	n/Naproxen/Naprosyn/Aleve)
Have you had any of the following <b>oncological</b> ( <b>cancer-relate</b> □ Fevers/chills/sweats/unexplained weight loss □ Abnormal b □ Current/past oncology disease	bleeding/bruising
Have you had any of the following <b>dermatological</b> ( <b>skin-relat</b> Significant burns  Significant rashes  Skin grafts  P	ed) issues? soriatic disorders □ Other □ None of the above
Have you had any of the following <b>musculoskeletal (bone/mu</b> □ Rheumatoid arthritis □ Gout □ Osteoarthritis □ Broken □ Arthritis (unknown type) □ Scoliosis □ Metal implants	bones
Have you had any of the following <b>psychological</b> issues? □ Psychiatric diagnosis □ Depression □ Suicidal ideations □ Psychiatric hospitalizations □ Other □ No	□ Bipolar disorder □ Homicidal ideations □ Schizophrenia ne of the above
Is there anything else in your past medical history that you feel	is important to your care here?
chiropractic to provide me with chiropractic care, in accordance payment of medical benefits to <b>William Porath, D.C.</b> for servi	orrect to the best of my knowledge, and hereby authorize this office of e with this state's statutes. If my insurance will be billed, I authorize ces performed. n Signature Date

3660 Clairemont Dr., Suite 1B	Ph. 858-412
San Diego, CA 92117	

William Porath, D.C.

Date:

#### HIPAA NOTICE OF PRIVACY PRACTICES

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy describes how we may use and disclose your protected health information (PHI) to carry our treatment, payment or health care operations (TPO) for other purposes that are permitted or required by law. "Protected Health Information" is information about you, including demographic information that may identify you and that related to your past, present, or future physical or mental health or condition and related care services.

#### Use and Disclosures of Protected Health Information:

Your protected health information may be used and disclosed by your physician, our staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, pay your health care bills, to support the operations of the physician's practice, and any other use required by law.

**Treatment:** We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your health care information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

**Payment:** Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

**Healthcare Operations:** We may disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, marketing, and fundraising activities, and conduction or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations included as required by law, public health issues, communicable diseases, health oversight, abuse or neglect, food and drug administration requirements, legal proceedings, law enforcement, coroners, funeral directors, and organ donation. Required uses and disclosures under the law, we must make disclosures to you when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

#### OTHER PERMITTED AND REQUIRED USES AND DISCLOSURES WILL BE MADE ONLY WITH YOUR CONSENT, AUTHORIZATION OR OPPORTUNITY TO OBJECT UNLESS REQUIRED BY LAW.

You may revoke this authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

Signature of Patient or Representative

Date

Printed Name

William Porath, D.C.

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

#### NEW PATIENT HISTORY FORM

#### Symptom 1 \_\_\_\_\_

- On a scale from 0-10, with 10 being the worst, please circle the number that best describes the symptom most of the time: 1 2 3 4 5 6 7 8 9 10
- What percentage of the time you are awake do you experience the above symptom at the above intensity: 5 10 15 20 25 30 35 40 45 50 55 60 65 70 75 80 85 90 95 100
- Did the symptom begin suddenly or gradually? (circle one)
- - How did the symptom begin? \_\_\_\_\_
- What makes the symptom worse? (circle all that apply):
  - nothing, any movement, bending neck forward, bending neck backward, tilting head to left, tilting head to right, turning head to left, turning head to right, bending forward at waist, bending backward at waist, tilting left at waist, tilting right at waist, twisting left at waist, twisting right at waist, driving, standing, walking, running, lifting, sitting, getting up from seated position, chewing, changing positions, lying down, reading, working, exercising, laying on side in bed, other (please describe):
- What makes the symptom better? (circle all that apply):
  - nothing, resting, ice, heat, stretching, exercise, walking, pain medication, muscle relaxers, chiropractic adjustments, massage, other (please describe):
- Describe the quality of the symptom (circle all that apply):
  - Sharp, dull, achy, burning, throbbing, piercing, stabbing, deep, nagging, shooting, stinging, stiff Other (please describe): \_\_\_\_\_\_
- Is the symptom worse at certain times of the day or night? (please circle)

   No difference Morning Afternoon Evening Night Other \_\_\_\_\_\_
- Have you received treatment for this condition and episode prior to today's visit?
  - o No
  - Anti-inflammatory meds
  - Pain medication
  - Muscle relaxers
  - Trigger point injections
  - Cortisone injections
  - o Surgery
  - o Massage
  - Physical Therapy
  - Chiropractic
  - Other \_\_\_\_\_

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#### Patient Name: \_\_\_\_\_

Date:

### NEW PATIENT HISTORY FORM

## Symptom 2 \_\_\_\_\_

- On a scale from 0-10, with 10 being the worst, please circle the number that best describes the symptom most of the time: 1 2 3 4 5 6 7 8 9 10
- What percentage of the time you are awake do you experience the above symptom at the above intensity: 5 10 15 20 25 30 35 40 45 50 55 60 65 70 75 80 85 90 95 100
- Did the symptom begin suddenly or gradually? (circle one)
- When did the symptom begin? \_\_\_\_\_\_
   How did the symptom begin? \_\_\_\_\_\_
- What makes the symptom worse? (circle all that apply):
  - nothing, any movement, bending neck forward, bending neck backward, tilting head to left, tilting head to right, turning head to left, turning head to right, bending forward at waist, bending backward at waist, tilting left at waist, tilting right at waist, twisting left at waist, twisting right at waist, driving, standing, walking, running, lifting, sitting, getting up from seated position, chewing, changing positions, lying down, reading, working, exercising, laying on side in bed, other (please describe): \_\_\_\_\_\_\_
- What makes the symptom better? (circle all that apply):
  - nothing, resting, ice, heat, stretching, exercise, walking, pain medication, muscle relaxers, chiropractic adjustments, massage, other (please describe):
- Describe the quality of the symptom (circle all that apply):
  - Sharp, dull, achy, burning, throbbing, piercing, stabbing, deep, nagging, shooting, stinging, stiff Other (please describe): \_\_\_\_\_\_
- Is the symptom worse at certain times of the day or night? (please circle)

   No difference Morning Afternoon Evening Night Other \_\_\_\_\_\_
- Have you received treatment for this condition and episode prior to today's visit?
  - o No
  - o Anti-inflammatory meds
  - Pain medication
  - Muscle relaxers
  - Trigger point injections
  - Cortisone injections
  - o Surgery
  - o Massage
  - Physical Therapy
  - Chiropractic
  - Other \_\_\_\_\_

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## Patient Name:

\_Date: \_\_\_\_\_

## NEW PATIENT HISTORY FORM

## Symptom 3 \_\_\_\_\_

- On a scale from 0-10, with 10 being the worst, please circle the number that best describes the symptom most of the time: 1 2 3 4 5 6 7 8 9 10
- What percentage of the time you are awake do you experience the above symptom at the above intensity: 5 10 15 20 25 30 35 40 45 50 55 60 65 70 75 80 85 90 95 100
- Did the symptom begin suddenly or gradually? (circle one)
- - How did the symptom begin?
- What makes the symptom worse? (circle all that apply):
  - nothing, any movement, bending neck forward, bending neck backward, tilting head to left, tilting head to right, turning head to left, turning head to right, bending forward at waist, bending backward at waist, tilting left at waist, tilting right at waist, twisting left at waist, twisting right at waist, driving, standing, walking, running, lifting, sitting, getting up from seated position, chewing, changing positions, lying down, reading, working, exercising, laying on side in bed, other (please describe):
- What makes the symptom better? (circle all that apply):
  - nothing, resting, ice, heat, stretching, exercise, walking, pain medication, muscle relaxers, chiropractic adjustments, massage, other (please describe):
- Describe the quality of the symptom (circle all that apply):
  - Sharp, dull, achy, burning, throbbing, piercing, stabbing, deep, nagging, shooting, stinging, stiff Other (please describe): \_\_\_\_\_\_
- Does the symptom radiate to another part of your body (circle one): yes no
   O If yes, where does the symptom radiate?
- Is the symptom worse at certain times of the day or night? (please circle)

   No difference Morning Afternoon Evening Night Other \_\_\_\_\_\_
- Have you received treatment for this condition and episode prior to today's visit?
  - o No
  - o Anti-inflammatory meds
  - Pain medication
  - Muscle relaxers
  - Trigger point injections
  - Cortisone injections
  - o Surgery
  - o Massage
  - Physical Therapy
  - Chiropractic
  - Other \_\_\_\_\_

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